



## Ancient Wisdom and the Measure of Our Days: The Spiritual Dimensions of Retirement, Aging and Loss

By Fred Brancato

Strategic Book Publishing. Paperback. Book Condition: New. Paperback. 60 pages. Dimensions: 8.7in. x 5.8in. x 0.3in. There are common themes running through diverse religious traditions. In a beautiful way, this book highlights their special relevance for aging. Brancato says the longer we live, the more likely we are to experience great losses, along with the inevitable diminishing of our physical and mental capacities. His 50 years of studying the world's religions, combined with his own experiences, present sage advice on how to react to the realities of aging. Those who have read his words of compassion say they will read them again and again. Ancient Wisdom and the Measure of Our Days is a treasure. Brancato provides his readers with the opportunity to reflect on the universal process of aging while in the company of sages from around the world. It is a loving and gentle text that all will find comfort in. -- Melinda Plastas, Ph. D., Bates College Fred Brancato holds a Ph. D. from New York University's Department of Culture and Communication. His career path includes professional baseball player, social worker, teacher, foundation director and executive director of a child welfare association. He now teaches Tai Chi...



**READ ONLINE**  
[ 3.47 MB ]

### Reviews

*A fresh e-book with a brand new perspective. This is certainly for anyone who states that there had not been a really worth reading. I am just happy to explain how this is the very best publication I have gone through in my individual lifestyle and may be the best pdf for ever.*

-- **Margarett Roob**

*The very best publication I possibly study. This is certainly for anyone who states there was not a worth looking at. I am just very happy to tell you that this is basically the best pdf I actually have studied inside my individual life and could be the very best pdf for possibly.*

-- **Darlene Blick**

## You May Also Like



### [Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large](#)

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.This book is about my cousin, Billy a guy who taught me a lot over the years and who can teach you a lot. Everyone who...



### [The Whale Tells His Side of the Story Hey God, Ive Got Some Guy Named Jonah in My Stomach and I Think Im Gonna Throw Up](#)

B&H Kids. Hardcover. Book Condition: New. Cory Jones (illustrator). Hardcover. 32 pages. Dimensions: 9.1in. x 7.2in. x 0.3in.Oh sure, well all heard the story of Jonah and the Whale a hundred times. But have we heard it from the perspective of the...



### [DK Readers Invaders From Outer Space Level 3 Reading Alone](#)

DK CHILDREN. Paperback. Book Condition: New. Paperback. 48 pages. Dimensions: 8.9in. x 5.9in. x 0.1in.Are aliens from other planets visiting Earth Read these amazing stories of alien encounters -- and make up your own mind! The 48-page Level 3 books, designed for...



### [DK Readers Animal Hospital Level 2 Beginning to Read Alone](#)

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.9in. x 5.8in. x 0.1in.This Level 2 book is appropriate for children who are beginning to read alone. When Jack and Luke take an injured duck to the vet, it is just...



### [DK Readers Day at Greenhill Farm Level 1 Beginning to Read](#)

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.8in. x 5.7in. x 0.2in.This Level 1 book is appropriate for children who are just beginning to read. When the rooster crows, Greenhill Farm springs to life. Join the ducklings, cows, and...



### [Harts Desire Book 2.5 La Fleur de Love](#)

Cajunflair Publishing. Paperback. Book Condition: New. Paperback. 112 pages. Dimensions: 8.0in. x 5.0in. x 0.3in.Its late 1974, and high school student, Melinda Dawson is in serious trouble. Within two hours of revealing her suspected pregnancy to her parents, shes whisked off against...